



NEWSLETTER

ISSUE 18 Term 4 Week 8 - 28th November 2024

www.paynesville-ps.vic.edu.au ♦ paynesville.ps@education.vic.gov.au ♦ 31-47 Ashley Street (PO Box 38) Paynesville VIC 3880 ♦ 03 5156 6334

OFFICE HOURS: Monday to Thursday 8:30am to 4:00pm & Friday 8:30am to 3:45pm

UPCOMING EVENTS

- Assembly** - Fridays 3:00pm
- After School Care** - Mon and Thurs 3:30-4:30pm
- Lunch Orders** - Fridays
- Pre-Prep Transitions** - Every Friday

Week 9

Monday 2nd December

- Baseball Clinics (3-6)

Tuesday 3rd December

- 4/5 Class Excursion

Wednesday 4th December

- Indigenous Outreach Program (Wed-Fri)

Thursday 5th December

- Sing! Play Dress Rehearsal

Friday 6th December

- IOP Student Performance at Assembly 2:30

Week 10

Monday 9th December

- Baseball Clinics (3-6)
- SING! Performance 2:30 & 5:30

Tuesday 10th December

- Statewide Transition 11:30-1:30

Thursday 12th December

- 3/4 Class Excursion
- 1/2/3 Class Excursion

Friday 13th December

- Market Day 12:30
- Prep Graduation

Week 11

Monday 16th December

- Grade 6 Graduation
- Baseball Clinics (3-6)

Tuesday 17th December

- Grade 6 Excursion

Wednesday 18th December

- Final Day of School
- Grade 6 vs Staff Water Fight
- Final Assembly 3:00

School Disco

Students had a great time at our School Disco in Week 7. Students from all year levels danced, sang, and had an awesome time with the bubbles and balloons. Thank you to Sarah for doing such a great job at setting up the disco, as well as the staff and parents who came along to hang out and supervise.



Principal's Report

Dear Parents, Carers, Families and Members of our Community,

Hi everyone,

Here we are at the end of week 8 of term 4. Who can believe we only have a few weeks to go for the school year. The year certainly has been jam packed and fun ol fun and learning. With our grade 6's currently at Urban Camp in Melbourne it has given the opportunity for our year 5's to start to think about Leadership roles they may like to take on in 2025. Tomorrow at Assembly some of them will be running the Assembly and having a go. In the next couple of weeks these year 5's will decide on roles they want to be considered for. They will write an application for these roles and also attend an interview with Mr Floyd and I along with this year's school captains.

Classroom structures, Classroom teachers, ES Specialist subjects, and student placement allocations are almost set in place for 2025. On Tuesday 10th December it is Statewide Transition Day. During our middle session 11.30 - 1.30. Students will go to their classrooms and be in their grades for 2025.

Next week we have Indigenous Outreach Projects coming to our school to deliver performances and workshops for all our students across Wednesday, Thursday and Friday. Students will learn a performance during their workshops sessions and perform these at a Whole School Performance prior to Assembly on Friday. This concert will commence at 2.30pm on Friday 6th December. It would be great to see many of you there to watch this if you are available. Whilst they are here they will be putting together a short video for us to document what has happened across the few days they are with us.

Our school values the learning and development of our staff, and the positive impacts this has on student outcomes and school improvement.

We are proud to share that Jarryd Floyd recently successfully completed [**Create: Middle Leaders**](#) at the Victorian Academy of Teaching and Leadership.

This program equips our school staff with increased confidence and skills to influence and lead improvement in classroom and educational practices in their school.

Through the program, Jarryd has built greater understanding of what good leadership looks like, and has learned about emerging research in teaching, learning and leadership. Additionally, the program has helped Jarryd to build further capacity to lead school improvement, and to develop strategies that help create impact.

I look forward to continuing to work with Jarryd to implement the knowledge and skills he has gained from the program to continue to support student outcomes and wellbeing at our school.

Take care

Deb Mathers

Principal

Around the School

School Disco



Market Day

Market Day is coming up on Friday the 13th of December! Students in Grades 4-6 will be working in groups to create their stalls for Market Day. Please talk to your child about what they are going to do. Feel free to give them some ideas or help in getting ready. Families, friends and community members are welcome to come along to Market Day!

Sing Play

Students in Grades 2-5 who are a part of the Sing! play have been working hard to prepare for their upcoming performances. A dress rehearsal will be on Thursday the 5th of December, and costumes will stay at school until the performance on Monday the 9th at 2:30 and 5:30.



Garden

Our school garden has been under attack! Cockatoos and snails are our primary culprits. Students have been working hard with Suzy to protect our plants. Fortunately, we have been able to harvest strawberries, cos lettuce and broad beans from the garden to use in our Kitchen lessons.



Paynesville Primary School Healthy Eating 2026

Our school garden is looking amazing and producing lots of fruit and vegies!

To compliment this, in 2026, Paynesville Primary school will focus on Healthy Eating as part of our Food Technology and Breakfast Club programs.



Students need to eat a variety of foods every day to be healthy and perform well at school. Ideal school lunches should include at least one item from each food group and also include water.

Find some great ideas to help you get started with our Healthy lunchboxes factsheet below!!

FOR A HEALTHY LUNCHBOX SOMETHING FROM EACH GROUP 1-6!



Developed in cooperation with the Achievement Program to support a whole school approach to healthy eating.

Nutrition
australia

VICTORIA
GOVERNMENT

Tip: Encourage students to get involved in the planning, shopping and preparation of foods for their school lunches, so they are more likely to enjoy them.

ATTENDANCE MATTERS

Missing a day of school here and there may not seem like much, but absences add up!

When a student misses **2** days a month..

They will miss 20 DAYS a year.

They will miss 30 HOURS of math over the school year.

They will miss 60 HOURS of reading & writing over the school year.

They will miss over 1 YEAR of school by graduation.

When a student misses **4** days a month..

They will miss 40 DAYS a year.

They will miss 60 HOURS of math over the school year.

They will miss 120 HOURS of reading & writing over the school year.

They will miss over 2 YEARS of school by graduation.

Grade Prep

Our favourite numeracy

activities this year.

Dinosaur Ordinal Numbers
Can you put the dinosaurs in the boxes below to show the order of the dinosaurs?

BIG NUMBERS

10	Ten
100	One hundred
1,000	One thousand
10,000	Ten thousand
100,000	One hundred thousand
1,000,000	One million
10,000,000	Ten million
100,000,000	One hundred million
1,000,000,000	One billion

Weight

Espresso 22kg 22g

46kg 41kg

51kg 72kg

Money

Dinosaur Ordinal Numbers
Can you put the dinosaurs in the boxes below to show the order of the dinosaurs?

Days of the Week

Fractions

Months of the Year

Money

Money

Shopping

Weight

Grade 1/2/3 Classroom Report

Persuasive Writing



Grade 123 students have been extending their persuasive writing pieces up to 5 paragraphs with detailed reasons. They have created colourful posters telling people why they think Raymond Island is a great place to visit. The posters have been put on display in the ferry passenger area as well as the ferry waiting areas on the island and in Paynesville.

The posters have already been attracting interest and positive commentary from visitors on the ferry.



GRADE 3/4

This fortnight has been full of rehearsals and digital tech (in preparation for our excursion).

Notes have been sent home for both.

Below are some photos of making Hard Tack when learning about the Solider's diet on Remembrance Day.



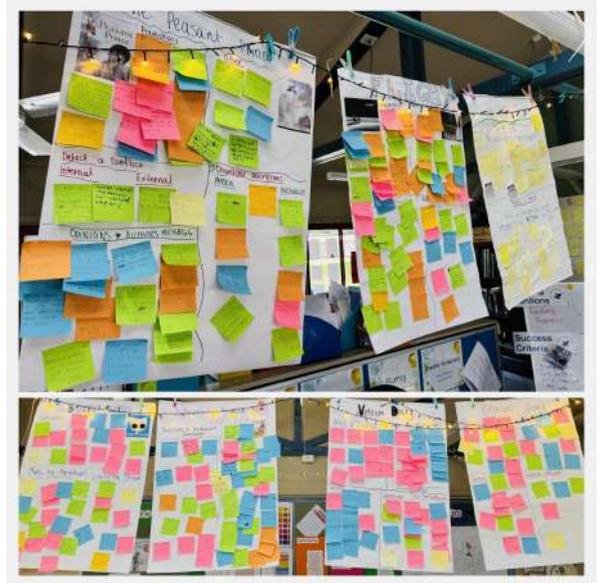
Grade 4/5 Classroom Report

This week in the 4/5 classroom we have been busy little bees!

In writing the kids have been working on narratives and are currently working on writing a picture story book.

In reading we have been practising reading responses and have looked at the books 'The Peasant Prince' now the

wordless book 'Window'.



In maths we have been revising time - including elapsed time. We are moving onto revising data and statistics this week.

Play practice has been happening almost every day and students involved have been given a form to take home in regard to costumes, etc. If you have any more queries - please contact Krystal Lewis on the uEducateUS app.

Students will soon be planning for their market day stalls and organising their groups. It would be a good idea to have a conversation with your child about what preparation they need. The Market Day is on 13th of December.

We have had our first first baseball incursion this week, which the kids loved! They are very excited for the next 2 sessions. Have an amazing couple of weeks!

Miss Sargant



Grade 6 Classroom Report

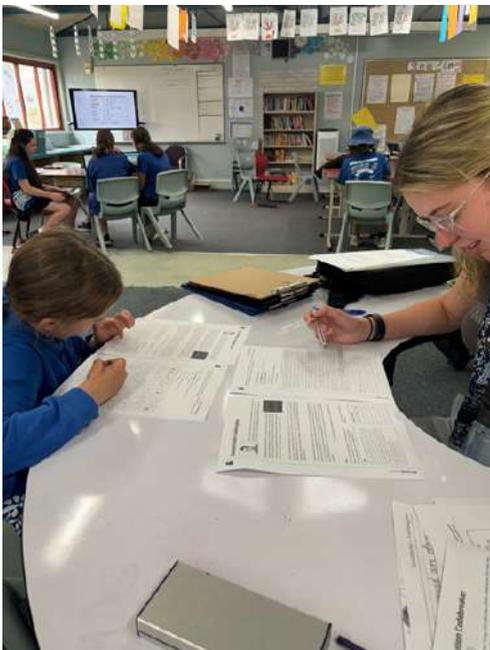
There continues to be a lot happening in the Grade 6 classroom. Students have started their transition journey to their respective high schools. The students that are attending Bairnsdale Secondary went on their tour last week. We also had students attending Nagle and Gippsland Grammar attend their orientation day. The orientation day for Bairnsdale Secondary students is on the 10th of December. Students will receive their bus passes next week in preparation for this.

Students continue to do well in their learning. In reading, students have looked at strategies to help them retrieve information that is directly stated and we have started to revisit strategies we have focused on during the year. Students continue to have book club meetings and are leading these themselves.

In writing, students have continued to work on their stories. It has been great to see students use a range of techniques and are so keen to produce engaging pieces of writing.

We have started to participate in baseball clinics. Students are highly skilled and look forward to future sessions.

Students have started planning for their market day stalls and organising their groups. It would be a good idea to have a conversation with your child about what preparation they need. The Market Day is on 13th of December.



Values Award Winners for Term 4 Week 7

Paynesville P.S. Values Awards

Value of the Week: SAFETY

Students identified by staff this week to be demonstrating our School Values

Rosie Pertzelt - always using manners correctly with peers and staff

Caprice Wyntjes - walking inside and while transitioning outside

Milo Matthews - returning a hat to another student and making sure he had one himself

Tilly Loe - looking out for others safety especially during gymnastics

Angus Unthank - cleaning up spills in Breakfast Club

Will Fountain - looking out for the safety of his peers

Kenzie Cartwright - working and supporting others in kitchen

Ashleigh Lewendon - ensuring others are feeling safe

Mahlia Owen-Marchbank - standing up to support the mental health of herself and others

Well done to all these students as well as so many others across the school that have worked to display actions showing our value of SAFETY this week.

Values Award Winners for Term 4 Week 8

Paynesville P.S. Values Awards

Value of the Week: **POSITIVITY**

Students identified by staff this week to be demonstrating our School Values

Grade 1/2/3 Class - putting such a positive effect into their Raymond Island persuasive posters

Matilda Miller - being positive and helping in rehearsal

Maisie Scullin - being positive and helping in rehearsal

Mia Paine - demonstrating positive leadership skills during the drumming session

Luke Noske - being a positive and supporting friend to his peers

Paige White - thank you for brightening up every day

Rusty Webb - having a positive attitude in our school play

River Blanco - always being supportive of her peers

Becky Riseley - bouncing back and helping others

Oliver Bramhall - always being funny and supportive

Well done to all these students as well as so many others across the school that have worked to display actions showing our value of POSITIVITY this week.

SCHOOL NURSING NEWSLETTER



FREE HEALTH, WELLBEING & DEVELOPMENT CHECKS FOR PREP STUDENTS

The Primary School Nursing Program is a free health and wellbeing service offered to all Victorian students in their first year of school.

The program aims to assist with the early identification of children with potential health, wellbeing or development concerns which may impact on their education and offers screening which may include:



Hearing



Vision



Speech



Dental



Motor Skills



Behaviour & social skills

The Primary School Nurse also provided advice, information & other health & support services



1

FINDING THEIR VOICE: SPEECH DEVELOPMENT

Communication skills are the building blocks for success. Engage in conversations with your child and encourage them to express themselves verbally. Reading aloud together and singing songs are fun ways to boost speech development!

2

CLEAR VISION FOR BRIGHT FUTURES

Healthy eyesight is essential for your child's academic success and exploration of the world around them. As parents, we can support their vision by encouraging breaks from screen time and facilitating outdoor play, giving their eyes the rest they need to thrive. It is recommended for all children commencing school to have an eye check at the optometrist. These assessments are typically free with a Medicare card at any optometrist. To find your nearest optometrist and book an appointment, visit www.optometry.org.au.

SCHOOL HEALTH PLANS

DO YOU HAVE YOUR CHILD'S HEALTH PLANS READY FOR SCHOOL?

Allergies & eczema plans available at www.allergy.org.au

Asthma plans are available at www.asthma.org.au
Please discuss your plans with your Family Doctor and once completed give a copy to your school.



Visiting Primary School Nurse Details:

Sophie Brown
0428368741



sophie.brown3@education.vic.gov.au

3

SWEET DREAMS: THE POWER OF SLEEP:

Did you know that adequate sleep is essential for your child's growth and development? Here are some tips to help your child drift into restful slumber: maintain a consistent bedtime routine, create a calm and cozy sleep environment, limit screen time before bed, and ensure they get plenty of physical activity during the day. By following these simple steps, you'll help your child develop a healthy sleep pattern that will benefit them for years to come. Sweet dreams!



4

EMBRACING EMOTIONS: EMOTIONAL REGULATION:

Help your child understand and manage their feelings in a positive way. Encourage your child to express feelings through words or creative activities like drawing. Teach deep breathing exercises and model healthy emotional responses. Create a safe space for open conversations about their day. With patience and understanding, we can help our children grow into resilient, confident individuals.



5

SAY CHEESE! ORAL HEALTH MATTERS:

Healthy teeth and gums are essential for overall well-being. Make brushing and flossing a fun and interactive experience. Limit sugary snacks and beverages, and don't forget to schedule regular dental check-ups to keep those smiles sparkling bright!

Bairnsdale Regional Health Service provide dental services for all children, also:

Eligible children can access free dental treatment up to the value of \$1,013 over two years at most dental clinics in our area with your health care card. Families receiving Family Tax Benefit Part A, Disability Support Pension or other relevant Australian Government payments are eligible.



National Continence Helpline 1800 33 00 66

BRHS continence nurse: 02 5152 0222

SafeSteps Family Violence support:

1800 015 188 or www.safesteps.org.au

Food Security: www.askeazy.org.au/food

Royal Children's Hospital- 9345 5522

The Orange Door Bairnsdale 1800 512 358

Gippsland Lakes Complete Health - 5155 8300

Anglicare/Parentzone parenting courses-
(03) 51 359 555 or

Parentzone.Gippsland@anglicarevic.org.au

Poisons information- 13 11 26

Parentline- 1300 30 1300

Homelessness assistance: 1800 825 955

<http://services.dhs.vic.gov.au/getting-help>

BRHS Dental Service: 02 5152 0222



A camp for
the whole
family- from
babies to
grandparents

Taking in the
neurodiverse
needs of our
campers.



ASD Family Camp

@ Camp Coolamatong
on the Gippsland Lakes

The place this summer, for
family, friends and fun

ASD Family Camp

Summer fun for all the family
and sensory needs are given
greater consideration

Dates: Wednesday 8th January 2025 to
Saturday the 11th January 2025

An event for all the family

Location: Camp Coolamatong - Farm stay

Other info: asdfamily@sucamps.org.au

Rego link: <https://su.org.au/events/asd-family-camp-2425/>

SCAN HERE

