



# Positively Paynesville

Leading 21<sup>st</sup> century learning.



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ISSUE 22 – 25<sup>th</sup> July, 2014

### Term 3- Week 4 at Paynesville Primary

Breakfast Club every morning in the kitchen @ 8:30.

Mon – Active After School Program

Tues – Soccer Clinic 3:45 – 4:30

Wed – Active After School Program

### COMING UP...

Working

31<sup>st</sup> July and 1<sup>st</sup> Aug - Parent Teacher Interviews

**Friday 1<sup>st</sup> August – Pupil Free Day**

2<sup>nd</sup> August – Kitchen Garden Festival

12<sup>th</sup> August – School Athletics

<b>Monday</b> <b>Green Eagles</b>	<b>Tuesday</b> <b>Red Swans</b>	<b>Wednesday</b> <b>Gold Kookaburras</b>	<b>Thursday</b> <b>Blue Seagulls</b>
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Office Hours - 8:30am to 4:00pm - Monday to Friday

**SCHOOL HATS ARE AVAILABLE – PRICE \$11.00**



*Dear Students, Parents, Caregivers  
and Friends of Paynesville Primary  
School.*

We have a busy time coming up. We have our sister school from China visiting and we have our school Food and Garden Festival on Aug 2<sup>nd</sup>. There is a lot of work to do so if you are able to help us out that would be appreciated. We have another Come Along and Garden Day next Tuesday July 29<sup>th</sup>. Parents, Carers or Grandparents can come along throughout the day and undertake a gardening project with their child / ren. This is a fun way to keep the grounds looking fantastic.

*Stephanie Alexander  
Kitchen Garden  
Festival  
Paynesville Primary  
School Needs  
You!!*



We need Mums, Dads or Grandparents to help out with Food Stalls at the Food and Garden Festival on

August 2<sup>nd</sup>. The day is split into 3 shifts.

First Shift 9am – 11am

Second Shift 11am – 1pm

Third Shift 1pm – 3pm

Many hands make light work so if you are able to help out by working a shift that would be appreciated.

## *Kitchen - Garden Working Bee this Saturday 8am - 12noon*

Yes – we are back at it this coming Saturday morning. We have weed mat to lay and a lot of mulch to move. If you can spare some time on Saturday we will give you a job.

## Courthouse Excursion .

On Tuesday our Drama students went to the Stratford Courthouse Theatre to learn about life on the stage. According to the Theatre owner Gavin they were a fantastic group because they all had genuine interest in Theatre. Thanks to all the parents and grandparents who helped out with this excursion.

## **School Show:**

### **Little Red Rocking Hood**

The grade 3 and 4 students have been assigned roles for the show. These students will have Rock'n'Roll lessons every Wednesday and Thursday at 11am. Students from other grades who would like to be in this years production are invited to learn to dance at Rock'n'Roll club nights which happen in our school hall every Thursday evening from 6.30pm – 7pm for juniors (Parents must stay for the half hour – but dancing is optional!!)

### **Parent / Teacher / Student Interviews: Thursday July 31<sup>st</sup> and Friday August 1<sup>st</sup>.**

Thank you to everyone who has already booked an interview. It is an important opportunity to discuss your child's progress and to set plans for the rest of the year. We would love to see every family attending parent teacher interviews.

**A reminder that at Paynesville Primary**

**School we encourage students to attend with their parents.**



**Book School Interviews Online**

Dear Parents

Parent/Teacher/Student interviews will be held at 4:00pm – 8:00pm on Thursday 31<sup>st</sup> July and 8:30am – 12:00pm on Friday 1<sup>st</sup> August. You can now book interviews at times that suit YOUR FAMILY BEST. Go to [www.schoolinterviews.com.au/code](http://www.schoolinterviews.com.au/code) and follow these simple instructions. **BOOKINGS CLOSE WEDNESDAY 30th July, 2014**

[www.schoolinterviews.com.au/code](http://www.schoolinterviews.com.au/code)



## *Bullystoppers*

Paynesville Primary School is a “Bully Stopper School” (find out more at [www.education.vic.gov.au/bullystoppers](http://www.education.vic.gov.au/bullystoppers) ) There are many excellent resources to support your child, your family, your school and your community.

### **Have you been called a bully?**

It doesn't feel good to be called a bully. It means that someone doesn't like the way you behave towards them. If you have been bullying others, telling someone what you have done is a big thing. Here are a few tips:

- You ask for help to change your behaviour by talking to your parents, teachers or your friends.
- Apologise to the person you have hurt or made feel bad. It's the first step to making things better.
- Write them a letter if you don't want to talk to them.
- Tell a parent or a teacher that you have been unkind to someone and that you feel bad about it.
- Remove any unkind posts, messages or pictures you have sent.
- Ask a trusted adult how to learn to make and keep friends.
- Find out what bullying is at the bullystoppers website.

## **Safety Online – Advice from Bairnsdale Police**

A reminder that online games and chatrooms that can be accessed by the public can be dangerous for children. Toni Redshaw from the Bairnsdale police has recommended that games such as Secret Builders and KICK are not suitable for children.

## **Girls Soccer Tournament:**

Girls from grades 3 – 6 are invited to register at the school office for a 5 aside tournament at Bairnsdale West Oval on Wednesday August 27<sup>th</sup>. There will be a cost for the bus but other than that all the girls will need are football boots or trainers and their school uniform. Registrations close next Friday August 1<sup>st</sup>. Paynesville staff will be transporting and supervising the students for the day.



*Ella and Shelby proudly introduced their Chinese guests to Staff*

## **PFA**

Paynesville Primary School Parents and Friends Association are holding a stall which includes Devonshire Teas, fruit and vegies and homemade jams. We are in need of jam jars and your home grown fruit and vegies. Please drop in any jars to the office. Fruit and Vegies collection will be Thursday 31<sup>st</sup> July. Thank- you for your donations so far.



Asthma  
Foundation  
Victoria



## **Tips for staying active this winter!**

Exercise Induced Asthma (EIA) is a common trigger for asthma. However, it does not need to be a barrier to Students participating in sports and physical activities.

Here are some tips to help prevent EIA in students:

**Before Exercise** take reliever medication 5-20 minutes **before** warming up.

**Warm Up** before exercise as normal.

**During Exercise** watch for asthma symptoms and administer reliever medication if they should occur. Only return to exercise if symptoms are relieved. If symptoms appear again, administer medication again, until they are relieved. It is not recommended that the Student should return to the sporting activity after a second occurrence of asthma symptoms.

**After Exercise** cool down as usual. Note that asthma symptoms can present up to a half an hour after exercise has stopped. Ensure reliever medication is still easily accessible should it be required.

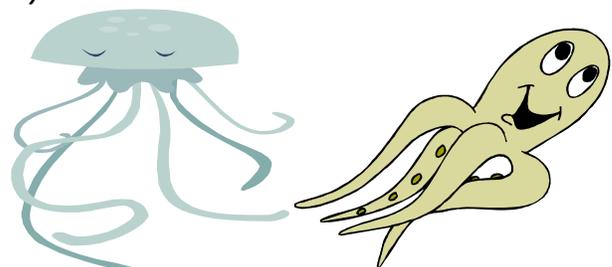
**Other things to remember:**

- ✓ Ensure all students have current Asthma Action/Care Plans
- ✓ If possible make activities that are scheduled for the night indoors as the drop in air temperature makes air colder to inhale and acts as a greater trigger.
- ✓ Encourage students with asthma to participate fully!

## **What's on in Grade 1**

*Next week Grade 1 will be learning about jellyfish and octopuses.*

*By Grace*



BAIRNSDALE SECONDARY COLLEGE PRESENTS



FORGE THEATRE & ARTS HUB, BAIRNSDALE.

AUGUST 21, 22 & 23 AT 7:30PM

AUGUST 23 AT 2:30PM

TICKETS ON SALE NOW

# FAME THE MUSICAL

CONCEIVED AND DEVELOPED BY DAVID DE SILVA

Book by  
Jose Fernandez

Lyrics by  
Jacques Levy

Music by  
Steve Margoshes

Title song "Fame" written by Dean Pitchford and Michael Gore

by arrangement with Dal Leonard Australia Pty Ltd Exclusive agent for Music Theatre International (MTI)

☎ Forge Theatre and Arts Hub (03) 5152 1482

🌐 [www.eastgippsland.vic.gov.au/forgetheatre](http://www.eastgippsland.vic.gov.au/forgetheatre)

👤 Bairnsdale or Lakes Entrance Visitor  
Information Centres or Shire Service Centres





**SAVE THE DATE...**



**AUGUST 2<sup>nd</sup>, 2014**

**10:00am to 2:00pm**

**FOOD & GARDEN FESTIVAL  
IS ON AGAIN**

**CLEAN OUT THOSE CUPBOARDS...**

**WE NEED;**

**SPORTING EQUIPMENT, TOYS, BOOKS**

**PLANTS, VEGETABLES, BAKED GOODS,**

**CLEAN GLASS JARS (with lids)**

**VOLUNTEERS TO ASSIST ON THE DAY**

**(Only have one hour spare - no worries! It all helps.)**

**CAR BOOT SALE - SPACES AVAILABLE**

<https://www.facebook.com/paynesvillefoodgardenfestival>

# artist rhonda gray

Choose from a variety of workshops and classes and discover the joy of personal creation. In a supportive relaxing atmosphere you will expand your artistic skills while exploring your personal style.

Classes are strictly limited to 8 students allowing for plenty of individual attention.

All workshops and classes require a minimum of numbers to proceed. Book and pay 2 weeks prior to commencement and receive a 5% discount.  
A class requirement list is provided for each class.

## Drawing and painting classes

Drawing is the fundamental vocabulary of an artist. It is an essential tool for observing, recording and responding to the world around us.

In class you will be introduced to a variety of materials including graphite, ink, conte, crayon, water colour and mixed media. You will learn the technical elements of line, tone, form, composition and perspective. Students will experiment with a variety of drawing resources, from still life, direct observation and photographic references. Students are encouraged to use their own references, working both realistically and stylistically.

### Drawing classes run in 6 week themed blocks

Semester 2 Monday evening classes begin July 21 7pm- 9.30

Cost of six week block \$160

Bairnsdale Studio

- |                |                 |  |
|----------------|-----------------|--|
| <b>Block 1</b> | July 21- Aug 25 | Portrait studies (various mediums)             |
| <b>Block 2</b> | Sept 1- Oct 6   | Still life (various mediums)                   |
| <b>Block 3</b> | Oct 20 - Nov 24 | Lino cutting technique (incorporating drawing) |

### Painting classes run in 6 week themed blocks

Semester 2 Thursday Mornings begin July 24 9.30-12 noon

Cost of six week block \$160

Bairnsdale Studio

- |                |                  |  |
|----------------|------------------|--|
| <b>Block 1</b> | July 24 - Sept 4 | Develop fundamental watercolour work   |
| <b>Block 2</b> | Sept 11 - Oct 10 | Develop oil painting techniques        |
| <b>Block 3</b> | Oct 23 - Nov 27  | Develop and complete your own projects |

Please phone Rhonda for further information

Studio location – 28 Warde Street Bairnsdale

Contact details- 0427492859

Email [grayrhonda@bigpond.com](mailto:grayrhonda@bigpond.com)

[www.rhondagray.com](http://www.rhondagray.com)