



ISSUE 5. 2nd March, 2023

THE WEEK AHEAD: Term 1: Week 5 and 6.

Thursday 2nd March

Division Swimming Carnival at Bairnsdale

Friday 3rd March

- Wheels Day
- Assembly - 3pm.

Monday 6th March.

- Incursion P – 6: Understanding Wildlife Rescue with Lorna King.
- Bowls Training 2-3 pm

Wednesday 8th March

- Bowls Training 2-3 pm

Thursday 9th March

- Regional Bowls at Bairnsdale Bowls Club.

Friday 10th March

Staff Professional Practice day

Pupil Free Day for all students across the network.

UPCOMING DATES

Monday 13th March: Labour Day Public Holiday

Wednesday 15th March

NAPLAN Grade 3 and 5 commences.

Saturday 18th March

School Working Bee. 9am – 1 – 2pm approximately

SAVE THE DATE - Please see details to come

Office Hours

Monday to Thursday 8:30am to 4:00pm

Friday 9:00am to 3.30pm

Receive our newsletter by email, please send your request to: paynesville.ps@education.vic.gov.au

ATTENDANCE at School EVERY DAY MATTERS.



EVERY
DAY
COUNTS

Primary school attendance

Here at Paynesville Primary School we are working across the school with students and families to support them to be at school every day. At school they are able to engage with their friends in learning experiences to support their academic and social emotional wellbeing. We love to see their smiling faces and eagerness to learn each day.

**IT'S NOT OK
TO BE AWAY**

TERM DATES for terms 1 and 2.

Term 1: Friday 27th January – Thursday 6th April.

Term 2: Monday 24th April – Friday 23rd June.

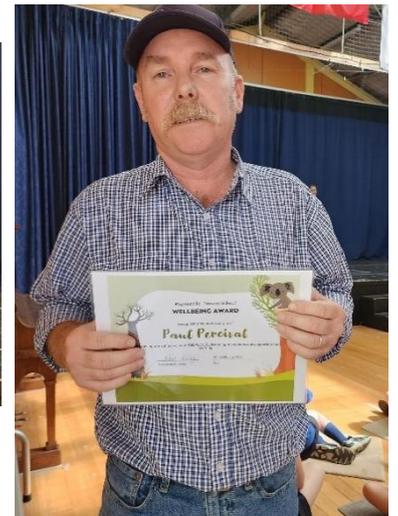
PUBLIC HOLIDAYS during term 1.

Monday 13th March: Labour Day Holiday

Friday 7th April: Good Friday

Assembly and Value of the Week Award Winners.

Last week our students were presented with their awards for displaying our value of LEARNING...



Bronte Pyke Swimming for the Starlight Super Swim Challenge.

Bronte did an amazing job when putting in her efforts to swim 14 km in the month of February raising money for sick kids. We are all so proud that she had the vision and focus to do this for such a fabulous cause. Bronte raised \$1005 dollars which will help many sick kids to have experiences and equipment to support their needs.

Thank you Bronte for showing the way in our school and broader community. You truly are a star!

Dear Parents, Carers, Families and Members of our Community.

With 'Respect' being our value of the week it has been so nice to see students displaying this value across the school and when they have ventured out of the school on buses for MyGolf at the Bairnsdale Golf Club and at bowls practice at the Paynesville Bowling Club. As a school we love enabling our students to have many experiences in a range of situations that see them interacting in our community with a range of very special community members who are about to support these students to grow and become thoughtful, kind and respectful adults. We look forward to much more interaction with others within their community.

Today our swimmers did an outstanding job of representing themselves and our school at the Division Swimming Competition.

Parent Teacher interviews were held on Monday 27th February and Wednesday 1st March. It was great for the teachers to be able to have conversations with parents and students around what students need to have in place to enjoy and engage with school and to support their learning. If you have any further questions or were not able to meet with a teacher this week please feel free to come in and organise another time to have a chat. Having a strong connection and ability to communicate between home and school will be the key to ensuring the best possible education and support network for all of our students and families. It is the old adage 'It takes a village to raise a child', working together we can all do this every day.

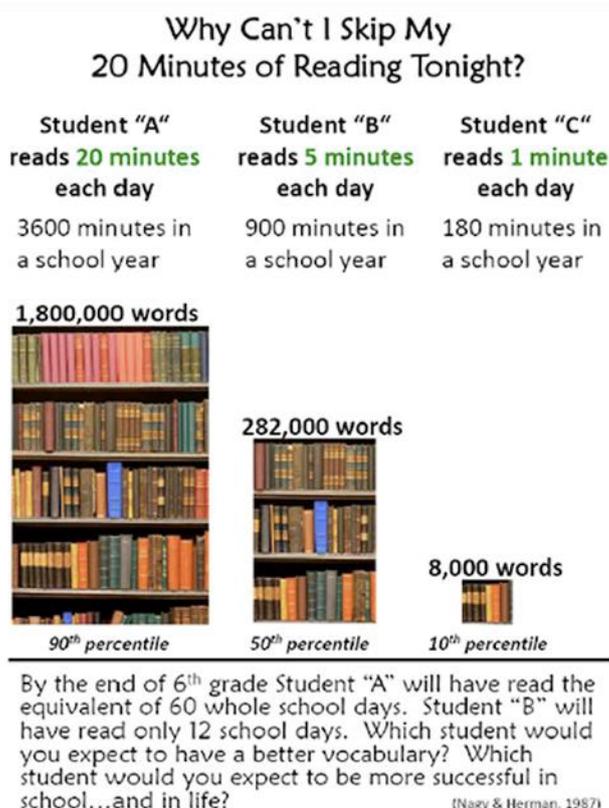
Attendance is a key focus for us at school. This is because it so important for all students to be at school every day. This way they will make the most of their time learning and feeling social and emotional connection and support which we know enhances their wellbeing. If you would like any support as a family to help get your child/children to school on days where there might be things that hinder your ability to get here, please know it is okay to give the school a call and we will work on a plan to help support you getting the kids here and home if required.

Home reading is such a vital part of the learning journey for your child. We are so very aware of the positive impact on learning for your child when you are able to read to them, with them or to listen to them read each and every day. As pictured here it shows the impact of that reading when you do spend that time. The difference in word exposure and outcomes is so critically aligned.

On Friday 10th March there will be a Pupil Free Day so all staff can attend a network Professional Practice Day at Bairnsdale Secondary College. The professional learning focus for this day will be run by Kristen Douglas from BeYou. This will focus on a range of areas that will benefit our students mental health and wellbeing.

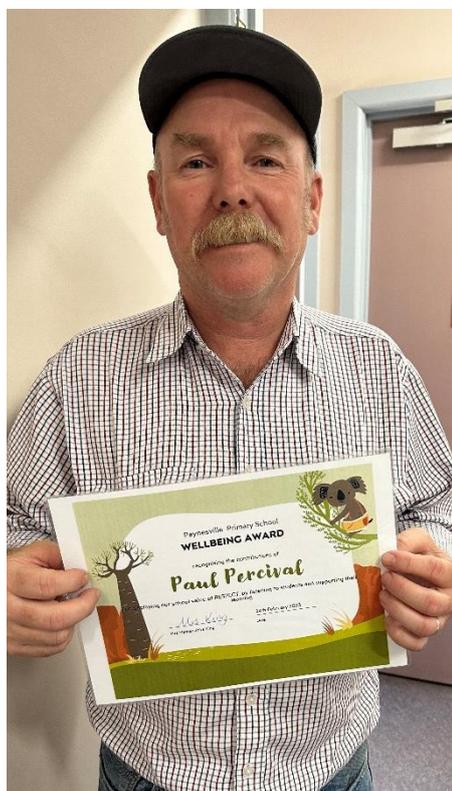
NAPLAN testing for our year 3 and 5 students will be carried out across the nation commencing on Wednesday 15th March. Your Parent Information letter will have come home this week. If you have any questions or would like to chat about this, please contact me or your child's teacher at a time that is convenient for you.

Deb Mathers - Acting Principal



WELLBEING and CHAPLAINCY

Wellbeing Award last Friday was received by Paul Percival who was nominated by the students in 3/4. A very popular winner!



FOODBANK



FREE Foodbank program at Paynesville Neighbourhood Centre!
Open **Tuesdays & Thursdays** 10am - 2pm

No proof of Centrelink payment required.
1 Foodbank visit per household, per week. Limits may apply on some items.

For more information contact Paynesville Neighbourhood Centre (PNC) on 5156 0214 or email info@pnc.vic.edu.au

Seasons for Growth Program

Learning to live with change and loss

Change and loss are issues that affect all of us at some stage in our lives. At Paynesville Primary School we recognize that when changes occur in families, young people can benefit from learning how to manage these changes effectively. We are offering a very successful education program called "Seasons for Growth", commencing in March. This program is facilitated in small groups and is based on research which highlights the importance of social support and the need to practise new skills to cope effectively with change and loss. The program focusses on issues such as self esteem, managing feelings, problem solving, decision making, effective communication and support networks.

We are pleased to be able to offer this program at Paynesville PS, and are confident that it will be a valuable learning experience for students who participate. It is an 8 week program, with sessions running for approximately 45 minutes, during class time, most probably on Wednesday afternoons. If you would like your child to be offered a place in the program, please get in touch. Invitations will be sent home in the next few weeks.

Program Facilitators: Linda King and Jill McConnell

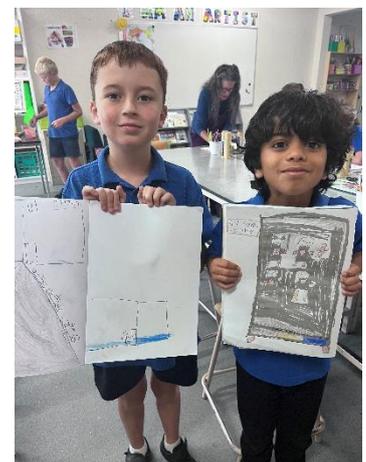
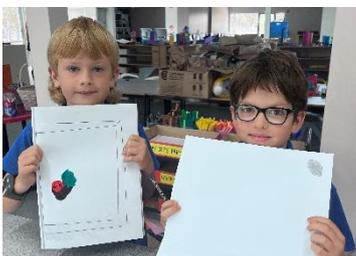
Community Bank
Paynesville & District
Bendigo Bank

Our Grade 2's are working on being Junior School leaders.

These students know how important it is to be in the classroom for every session every day to make the most of their learning time. They are working to demonstrate this important factor in their learning and we continue to celebrate their achievements in leading the way for the younger students.



In ART P/1's had their first time together in Art. Everyone else was developing and honing in on their skills.



Free Choice Fridays

Free Choice Fridays started 2 weeks ago with students deciding and voting on the activities they wanted in place and then choosing the one they wanted to attend, Everyone has been enjoying this and then going to assembly on a Friday afternoon.



Pancake Day

Pancake Day was celebrated last Tuesday with many students taking part in Maths related to the preparing of ingredients and cooking of these. Of course the eating of these was also very much an enjoyable part of the day.



In the KITCHEN!!



FINANCIAL ASSISTANCE

INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their outcomes.

CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors. Excursions encourage a deeper understanding of how the world works while sports teach teamwork, discipline and leadership. All are a part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$125 for primary school students
- \$225 for secondary school students

MORE INFORMATION

For more information about CSEF visit:

<https://www.education.vic.gov.au/about/programs/Pages/csef.aspx>

HOW TO APPLY

New applicants should contact the school office to obtain a CSEF application form or download from the website below.

If you applied for CSEF at your child's school last year, you do not need to complete an application form this year unless there has been a change in your family circumstances.

You only need to complete an application form if any of the following changes have occurred:

- **new student enrolments;** your child has started or changed schools this year.
- **changed family circumstances;** such as a change of custody, change of name, concession card number, or new siblings commencing this year.

Check with the school office if you are unsure.



Rural Recovery Program

Free sessions with a provisional psychologist

**Provisional psychologists are psychology students
in their final (fifth and sixth) years of study**

**No mental health treatment plan or referral needed, just book
straight in.**

Up to 20 sessions via telehealth.

No waiting list.

Available to children, adolescents and adults looking to work on:

- Anxiety
- Low level depression
- Stress
- Grief and loss
- Anger
- Relationships
- Sleep issues

**Please go to ruralhealthconnect.com.au and go to the Rural Recovery page
and sign up.**

**We are here to help. Please contact us on [0427 692 377](tel:0427692377) or
info@ruralhealthconnect.com.au.**

This project is supported by the Victorian Government.

*Rural Health Connect is a social enterprise committed to improving access
to mental health services in rural Australia.*

**The East Gippsland Soccer League is back.
Registrations are open!**



Ages Groups and Eligibility:

U7 – 1st Jan 2016- 31 Dec 2017
 U9 – 1st Jan 2014 – 31st Dec 2015
 U11 – 1st Jan 2012 – 31st Dec 2013
 U13 – 1st Jan 2010 – 31st Dec 2011

Season: 29th April – August 12th **Finals:** 19th – 26th August

Price: \$180

Location: Howitt Park, Bairnsdale

Teams will be based on location: Bairnsdale, Lakes Entrance, Tambo Valley, Paynesville/Eagle Point and Orbost.

Register using the QR Code or at:

<https://www.gofootball.com.au/play/pick-your-location/East-Gippsland-United-FC>



Being a community sport, we ask that parents/guardians volunteer for team roles such as coach, manager, jersey washer and fruit supplier.

Do you like to keep FIT?
Do you want to get PAID for running
around?



Come and join us at East Gippsland Umpires and be involved in the national game and help out our local community football! Opportunities to umpire in the Gippsland League, EGFNL, ODFNL and the Bairnsdale Junior association are available. We are seeking new field, boundary and goal umpires.



OUR HOME & TRAINING VENUE is at;
Bairnsdale City Oval, Macarthur Street, Bairnsdale

- We train on Wednesday nights from 6:00pm to 7:00pm. During the season we run a canteen where food can be purchased.
- No prior experience is required, all you need is a keen interest in having fun and running!
- We are seeking Field umpires in all age levels, from U/11's through to seniors. The incentives for umpiring a game range from \$40 - \$190, depending on the level umpired.
- Boundary umpires are required for U/16, U17.5, U/18 and seniors. The incentives range from \$35 - \$110 depending on the level umpired.
- Goal umpires are required for U/16, U/18 and Senior football. The incentives range from \$40 - \$80 depending on the level umpired.
- Come and join us for a run on a Wednesday night, YOU might ENJOY it!

CONTACTS

President - Damien Donohue
 (0474512072)
 Secretary - Tracey West
 (0403504797)
 Director of Umpiring - David Pachl
 (0438530880)

The EGUA has an external and private Facebook page to keep in touch. Search up: East Gippsland Umpires.

Our Website

[Home - East Gippsland Umpires Association - GameDay \(mygameday.app\)](#)



Paynesville P.S. Values Awards.



Value of the Week: RESPECT.

Students identified by staff this week to be demonstrating our School Values.

Isabella Marshall. 5/6... For dealing with a playground incident with her brother with respect and compassion.

Tom Geisler. P/1... For respecting other people's artworks and showing appreciation of talent.

Nathalia Abraham. P/1... For respecting classroom equipment.

Liam Checkley. P/1... For using lovely manners in the classroom.

Elijah Turner 2... For showing kindness and respect to his peers.

Elijah Owen-Marchbank. 3/4... For the kind, considerate way you interact with everyone at our school.

Maisie Scullin. 2... For organising an inclusive game in the sandpit.

Nate Carpenter. 3/4... For always being respectful during class.

Luke Noske. 3/4... For respecting and supporting other's learning.

Lacey Kiss. 5/6... For always listening to instructions from adults.

Dixie Clack. 5/6... For showing respect to all adults and helping other kids do the same.

TJ Tavai. 3/4... For respect in the kitchen and at Breakfast Club.

Ziya Kara. 3/4... For displaying our school value of respect by listening carefully when others are speaking.

Jackson Anderson-Calvert ... For showing respect by listening and packing up immediately when instructed at the end of Art class.

Maddison Kelly. 5/6... By respecting other student's learning space.

Bella White 3/4... for respecting others out on the golf course.

Well done to all these students as well as so many others across the school that have worked to display actions showing our value of RESPECT this week.

FRIDAY LUNCH

FAVOURITES

Meat Pie or Sausage Roll w/ sauce	4
Party Pies	1.50
Hot Dog + sauce 3 + cheese 3.50 + cheese & bacon 4	
Six Tempura Chicken Nuggets + sauce	5
Cheesy Garlic Bread	5
3 Steamed Dim Sims (3) w/ soy sauce	4

HOT STUFF

Beef Lasagne	5.50
Pasta Napoli (Tomato and herbs)	5
Pasta Carbonara (bacon, cream, parmesan, black pepper)	6
Teryaki Chicken + stir fried vegies w/ steamed rice	6
Jacket Potato + cheese / bacon / coleslaw	6
Chicken or Beef Cheeseburger + salad & sauce	5.50

COOL STUFF

Salad Rolls or Wraps with Lettuce, tomato, red onion, carrot Chicken / cheese / beef / tuna / falafel	5
Toasted Pizza Subs (with napoli) Chicken Parma / meatball melt / Ham & Pineapple Cheese and olives / cheese only	5
Greek Salad w/ tomato, cucumber, feta, olives, onion	5
Salad Pack lettuce, tomato, carrot, cucumber, olives, red onion Chicken / Cheese / Beef / Tuna / Felafel	6

FRUITY STUFF

Fresh Fruit Salad	6
Individual Fruit piece	1.50



facebook.com/schoolcanteen



Paynesville
PRIMARY SCHOOL

School Lunches are available every Friday. Please collect your order from the canteen @ 1pm.

Orders should be written on a suitable, unused brown paper bag and placed in the order box by 9:45am.

- DRINKS -

Orange Juice	1.50
Apple Juice	1.50
Spring Water	1.50
Chocolate Milk	1.50
Strawberry Milk	1.50
Spring Water	1.50

- ADD ONS -

Hash Brown	1
Mini Cheese toasty	3
Vegemite toast	3
Choc cookie pack	1.50
Yo Yo Bicky	1.50
Sauce Sachet	40c
Bag if not supplied	20c

QUESTIONS ?

Just ask,
Call 0492 911269
or visit and like our
facebook page

- TO ORDER -

please write your order on a paper bag, and post it in the order box (with payment) before 09:30 am